



We know that many people have concerns about the Coronavirus, also known as COVID-19. At Family Podiatry of Maryland, our top priority is the health and wellbeing of our patients, staff, and providers.

Like many other health care institutions, we are closely following guidelines set forth by the Center for Disease Control and other local, national and international health organizations.

As COVID-19 continues to impact our communities, we want to share some immediate steps that we've taken to help keep you safe and healthy. Effective immediately:

- We're monitoring supplies to ensure we are well stocked with appropriate disinfecting supplies, masks, and gloves.
- We're screening patients during the appointment reminder call 24-48 hours prior to their appointment to confirm whether or not they are experiencing symptoms like: fever, coughing, shortness of breath.
- We're requiring patients use hand sanitizer upon entering, and if symptomatic, providing patients with a surgical face mask and escorting them to a designated exam room.
- Exam rooms will undergo appropriate sanitizing and hard surface disinfection after each patient encounter.
- We are recommending all employees take precautionary health measures, including frequent handwashing, use of hand sanitizers, and staying home if sick.

While we are being proactive to protect your health and safety, we also encourage you to do the same. We all play a role in reducing the potential of the spread coronavirus in our community.

The following are recommendations issued by the CDC (Centers for Disease Control):

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Sincerely,
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